

*This program includes...*

- Private Group Fitness classes at your doorstep (convenience)
- **A Fully Equipped Mobile Fitness facility** (awesome)
- Group and Private Nutrition Coaching
- Customized Personal Training
- Stress and Pain Relief Massage Therapy
- Corporate Team Building workouts and functions



[www.gatorcrossfit.com/  
anywhere](http://www.gatorcrossfit.com/anywhere)

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*A Certified  
Mobile CrossFit  
gym for Your  
Corporation!*

**“My employees have  
achieved tremendous  
Health gains thus  
creating a much more  
productive workplace” -  
James, Local Business  
Owner**

## What is Gator CrossFit Anywhere?

Gator CrossFit Anywhere for corporations centers around our innovative Fully Equipped Mobile CrossFit gym. See, we combine our Expert/ Certified CrossFit Trainers with Functional Fitness in a Group Dynamic with Customized Programs to suit EVERY Health and Fitness desires Right at your Company's door-step. Location is not an issue!



Working out with a partner is key for success!

"I wanted to lower my Health Insurance costs while giving my company an innovative fitness program that gets RESULTS... Consider it done!" Richard, Biz Owner

## What makes Gator CrossFit the Perfect fit for your company?

- Innovative Mobile Fitness fosters **Team Work** at the workplace
- Professional Coaching **ensures** Employee Success
- Stress and Pain relief programs help **reduce** sick and missed work days
- Weight Loss specific exercises help **Lower** Insurance Premiums
- **Convenience** of workouts at your Company's location reduces commute for participants
- Fun and High Energy Group classes improves **employee morale**



Group Training is energy and motivation!

## Let YOUR Employees Create their own SUCCESS STORY!

What's their story? Are some employees looking to lose weight? Improve Athletic Performance? Reach a long sought after fitness goal? Maybe attain Relief from daily aches and pains commonly associated with stress from work?

Give your employees the opportunity to Create Their Own Success Story... making a happy and healthier company!



Hanging out with Co-Workers builds team work

"I have tried numerous different fitness program only to come up short time and time again... not anymore. This has exceeded my expectations!" Becky, age 43