

Gator Fitness & Training Waiver

Name _____
Address _____ City _____ St _____ Zip _____
Primary Phone _____ Alternate Phone _____
Email _____ Emergency Contact _____

The following guidelines apply to ATP Therapies, LLC dba. Gator Fitness & Training and ATP Therapies, LLC dba Gator CrossFit as well as all programs mentioned. This agreement applies to all one-on-one, group training, Tactical Fitness & Training, Fitness boot camps both on and off site, fundamental classes, Gator Ramp classes, massage therapy, nutrition coaching. Please review these carefully and if you have any questions, please discuss them with your coach. _____

Video and photography: This section implies that you (the client) voluntarily allow Gator CrossFit to videotape and photograph you (the client) for marketing and promotional purposes. You give up any right you have to any proceeds that come from these marketing and promotional avenues. _____

Cancellations: Personal Training clients: All cancellations require 24 hour notice. In the event that 24 hours has not been given by the client, the client will be charged for the full amount of the scheduled appointment. We understand emergencies come up; we will take these into consideration. _____

Open Gym Enrollment: Every member that chooses to enroll into Open Gym membership understands the risks associated with this enrollment option. There may be times where you, the member, will be unsupervised. You understand the inherent risks associated with the complex lifts and workouts associated with our Gator Fitness & Training facility and Gator CrossFit Program. You assume full responsibility for any injuries both minor and serious that can incur from any fitness routine administered at Gator Fitness & Training. _____

Group Clients: All cancellations must be made prior to class starting. Once the class has started, we need to have either received an email, text or phone call if you need to cancel the class or you may cancel online prior to the start time of the class. You (the client) will lose the session if not canceled or notification is not given. _____

Outdoor training: We will be utilizing the great outdoors during our workouts. With the use of any equipment, not limited to tires, barbells, kettlebells and bodyweight exercises, you, the member understand the inherent risks associated with various rocks, glass and other particles that can cause injury and that are out of the control of Gator Fitness and Training. _____

Promptness: It is important to arrive on time for a scheduled appointment. The client should understand that the coach might have appointments immediately following their time with you. Also, during group classes, other's schedules dictate that we need to start on time. Tardiness may result in the normal length of the workout being reduced. _____

Refunds: Only under extenuating circumstances, such as illness or injury, may alternative arrangements be made at the discretion of the Owner and Program Director (Aaron Palmer). There will be no cash refunds. _____

Prior to beginning any group fitness, boot camps, one-on-one or any exercise program, it is recommended that participants seek a physician's approval. _____

Waiver and Release. You (the client) agree that you are engaging in physical exercise, nutrition coaching, and/or massage therapy and the use of exercise equipment, facilities, training and instruction, which could cause injury, illness, or death to you. You are voluntarily participating in these activities and assume all risk of injury or illness to you that might result. You hereby agree to waive any claims or right otherwise to sue ATP Therapies, LLC dba. Gator CrossFit or its employees for injury or illness to you on the account of these activities or negligence on behalf of ATP Therapies, LLC dba. Gator CrossFit and its employees. You acknowledge that you have carefully read this waiver and release and fully understand that it is a release of liability. You are waiving any right that you may have to bring legal action to assert a claim against us for negligence.

Clients under 18 years of age must have parental consent to participate.

Client signature: _____ **Date:** _____
Parent/Gaurdian: _____ **Date:** _____